



SATURDAY, MARCH 7, 2020
1 Mile Fun Run/Walk - 8:00 AM
5K (GWTC Grand Prix) - 8:30 AM

Killearn United Methodist Church
2800 Shamrock Street South
shamrockscurry.com

EMERALD SPONSORS		START LINE/PANCAKE BREAKFAST/WATER STOP SPONSORS	
SMITH MANAGEMENT COMPANY T-FORMATION	 	 	

Registration includes post-race Pancake Breakfast! (\$5 for those not registered)

Pre-Register on or before March 6, 2020		Race Day Registration	
5K (with shirt)	\$20	5K (with shirt)	\$25
5K (without shirt)	\$15	5K (without shirt)	\$20
1 Mile (with shirt)	\$12	1 Mile (with shirt)	\$17
1 Mile (without shirt)	\$10	1 Mile (without shirt)	\$15
Shirt guaranteed to the first 400 pre-registered.		Registration begins at 7:00 AM at Killearn UMC.	

EARLY PACKET PICKUP AND REGISTRATION - KILLEARN UMC, ASBURY BUILDING	
Thursday, March 5	4:00 PM - 7:00 PM
Friday, March 6	11:00 AM - 2:00 P M

Make checks payable to Killearn UMC and mail or hand deliver with registration form to (postmarked by February 28):
 Killearn UMC/Shamrock Scurry, 2800 Shamrock Street South, Tallahassee, FL 32309

5K 1Mile NAME _____

ADDRESS: _____ CITY: _____ ST: _____ ZIP: _____

EMAIL: _____ PHONE: _____

SEX: _____ AGE: _____ BIRTHDATE: _____ SHIRT SIZE (circle): YS YM YL S M L XL XXL NO SHIRT

WAIVER: In consideration of your acceptance of my entry as a participant in the 2020 Shamrock Scurry, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release all claims for damages, death, personal injury, or loss of property against KUMC, Gulf Winds Track Club and all volunteers and others promoting or assisting in any way the Shamrock Scurry, which may result from my participation on March 7, 2020, or while traveling to and from this event. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties. I am releasing if I suffer injuries and damages, and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident of other incapacity or injury resulting from my participation. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. I have read and understand everything written above and I voluntarily sign this agreement. In addition, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

 SIGNATURE OF ENTRANT (PARENT OR LEGAL GUARDIAN IF UNDER 18 YEARS OLD)

DATE: _____
 AMT PAID: _____ CK# _____