

## SATURDAY, MARCH 2, 2024

8:00 AM - 1 Mile Fun Run/Walk (Grand Prix for Youth only)

8:30 AM - 5K (Grand Prix)

Killearn Methodist Church - 2800 Shamrock Street South / shamrockscurry.com

## T-FORMATION START/FINISH LINE/BREAKFAST/WATER STOP SPONSORS Central Heating PAINTING SERVICES, INC.

Registration includes post-race Pancake Breakfast! (\$5 for those not registered)

| Register/pay ONLINE in advance and Save!* www.shamrockscurry.com |      | Register by paper form with check/cash in advance or Race Day |      |
|--|------|---|------|
| 5K (with shirt)  | \$23 | 5K (with shirt)   | \$28 |
| 5K (without shirt)   | \$18 | 5K (without shirt)  | \$23 |
| 1 Mile (with shirt)  | \$15 | 1 Mile (with shirt)   | \$20 |
| 1 Mile (without shirt)   | \$12 | 1 Mile (without shirt)  | \$17 |
| *Online Registration CLOSES March 1 at 5:00pm.                   |      | Shirts guaranteed to the first 400 pre-registered             |      |

## EARLY PACKET PICKUP AND REGISTRATION - KILLEARN CHURCH, ASBURY BLDG

Thursday, February 29 4:00 PM - 7:00 PM Friday, March 1 11:00 AM - 2:00 PM RACE DAY PACKET PICKUP - 7:00am

To pay by form, make checks payable to Killearn Methodist and mail (by February 20) or hand deliver with completed form to Killearn Methodist/Shamrock Scurry, 2800 Shamrock Street South, Tallahassee, FL 32309

| 5K 1Mile NAME   |   |  |   |  |  |
|---|---|--|---|--|--|
| ADDRESS:  | CITY:   | ST:  | ZIP:  |  |  |
| EMAIL:  | PHONE:  |  |   |  |  |
| *WAIVER: In consideration of your acceptance of my entry as and assigns, waive and release all claims for damages, death, promoting or assisting in any way the Shamrock Scurry, which participation is voluntary and done at my own risk. I understar medically able and properly trained. I attest that I am physical right to sue or make claims against the parties. I am releasing assume my own medical and emergency expenses in the even run with dogs, baby joggers or strollers during the race. I have permission to all of the foregoing to use any photographs, mo by the Center for Disease Control's (CDC) recommendations for | a participant in the 2024 Shamrock Scurry, I, the or personal injury, or loss of property against KMC, Go may result from my participation on March 2, 202 and that running a road race is a potentially hazard lly fit and trained for the competition of this event if I suffer injuries and damages and am voluntarily not of an accident of other incapacity or injury result are and understand everything written above any tion pictures, recordings or any other record of the or the prevention of the spread of the Novel Coror | undersigned, for myself, no<br>Gulf Winds Track Club and<br>24, or while traveling to a<br>lous activity and that I sho<br>t. I fully understand I am for<br>y assuming the risk of such<br>liting from my participation<br>and I voluntarily sign this ap<br>his event for any legitimate<br>navirus Disease (COVID-15) | ny heirs, executors, administrators all volunteers and others and from this event. My suld not enter unless I am orever giving up in advance any a injuries and damages. I will not I agree not to wear headsets, greement. In addition, I grant expurpose. I further agree to abide all and other communicable |  |  |
| diseases, and I attest to having read the CDC's guidance at:  |   |  |   |  |  |